

# STL CHAMPIONSHIPS

## AUGUST 20, 2022

ATA Class "B" Regional Tournament  
Visit [stlatachampionships.com](http://stlatachampionships.com) for more information



### TOURNAMENT LOCATION

PowerPlex  
5555 St. Louis Mills Blvd.  
Hazelwood, MO 63042

### HOST HOTELS

Sheraton Westport Chalet  
Sheraton Westport Plaza  
Link to hotels with ATA rate on our  
website ([stlatachampionships.com](http://stlatachampionships.com))

### HOSTED BY

The students and families of  
Howards ATA Manchester &  
Jefferson City

### HONORED GUESTS

Chief Master Mark Prosser

### SPECIAL GUESTS

All Chief Masters,  
Senior Masters and Masters

### REGISTRATION

Forms & Sparring \$45  
Each Add'l Event \$20  
3+ Family Per Event \$10  
Teams \$75/Team/Event

### ADMISSION

Spectator Fee \$10  
Children 5 & Under Free

## Schedule of Events

**7:30 Black Belt Meeting (All Black Belts 15 & Above)**

**8:15 Opening Ceremonies**

## Staging Window Times

*Staging is where you will be divided into your groups and sent to your ring to compete. We recommend arriving 15-30 mins prior to your staging window to get checked in, and orient yourself with the tournament. Please listen or check the staging area to see if your division has been called to staging.*

## **YOUR COMPETITION AGE IS YOUR AGE AS OF DECEMBER 31, 2022**

### **Champion Division Staging Window**

|             |            |                      |
|-------------|------------|----------------------|
| Colorbelt   | 10 & Under | 12:30 PM - 2:30 PM   |
| Colorbelt   | 11-17      | 2:30 PM - 4:30 PM    |
| Colorbelt   | Adults 18+ | 8:30 AM - 10:30 AM   |
| Black Belts | 10 & Under | 8:30 AM - 10:30 AM   |
| Black Belts | 11-12      | 10:30 AM - 12:30 PM  |
| Black Belts | 13-14      | 12:30 PM - 2:30 PM   |
| Black Belts | 15-17      | 7:30 AM              |
| Black Belts | Adults     | @ Black Belt Meeting |

### **Recreational Division Staging Window**

|             |            |                      |
|-------------|------------|----------------------|
| Colorbelt   | 10 & Under | 10:30 AM - 12:30 PM  |
| Colorbelt   | 11-17      | 12:30 PM - 2:30 PM   |
| Colorbelt   | Adults 18+ | 2:30 PM - 4:30 PM    |
| Black Belts | 10 & Under | 8:30 AM - 10:30 AM   |
| Black Belts | 11-12      | 10:30 AM - 12:30 PM  |
| Black Belts | 13-14      | 12:30 PM - 2:30 PM   |
| Black Belts | 15-17      | 7:30 AM              |
| Black Belts | Adults     | @ Black Belt Meeting |

### **ATA Tigers Staging Window**

White - Yellow 9:00 AM - 10:00 AM  
Camo - Red 10:00 AM - 11:30 AM

### **Special Abilities**

All Ranks Recreation & Competitive 9:00 AM

### **Team Sparring**

Legends & Elite 7:45 AM - 8:15 AM  
Varsity 10:30 AM - 12:30 PM  
JV 8:15 AM - 10:30 AM  
Rookie 2:30 PM - 4:30 PM  
Bantum 12:30 PM - 2:30 PM

\*Team Rosters are due to the RTTL

([mr.shank@stlata.com](mailto:mr.shank@stlata.com)) by 8:00 AM Wed 8/17/22